

SPECIFIC GUIDELINES PACK



This document acts as a guide to the specific considerations and undertakings for your potential record attempt and is to be used in conjunction with the **Guide to Your Evidence**, which outlines the evidence we require to verify the success of your record attempt. These guidelines should be read and understood by all concerned with the record attempt prior to the attempt – this includes every participant, organiser and witness.

These guidelines are specific to your record attempt and **must** be followed. Should any part of these guidelines be contravened, your record attempt will be disqualified, without any right of appeal.

Additionally, these guidelines in no way provide any kind of safety advice and cannot be construed as providing any comfort that the record attempt is free from risk.

Guinness World Records accepts no responsibility for the safety of participants or bystanders in any record attempt. It is your sole responsibility to ensure that (a) all necessary safety precautions are in place and that all equipment used is suitable and thoroughly checked prior to the record attempt taking place and (b) you are in compliance with all applicable health and safety laws and regulations.

If you are organising a record attempt in association with an **alcoholic brand** you must seek explicit written permission in advance from Guinness World Records otherwise your record may not be approved. Without written permission, your record might not be accepted even if you have followed the guidelines. Please send your requests to Guinness World Records using the Correspondence section in your online application.

Finally, the provision of these guidelines in no way constitutes Guinness World Records' consent for you to undertake a record attempt. Any record attempt will only be considered to be authorised by us where you have signed our standard agreement in relation to record attempts.

Fastest swim relay 100 x 1,000 metres by a team (mixed)

Record definition

- The record is for the fastest time a mixed gender team of 100 people can each swim 1,000 metres in relay fashion. Measurement value: time - in hours, minutes and seconds to the nearest 100th of a second.

Rules for Fastest swim relay 100 x 1,000 metres by a team (mixed)

1. The attempt can take place in either a 25m or a 50m pool.
2. Each participant must complete a full 1,000 m swim before the next member of the relay team can start. After completing a 1,000 m leg, the swimmer must touch the wall with their hand marking the end of their swim.
3. No team member can be in the water prior to starting their leg. Thus each team member must enter the water only when the person they are taking over from touches the wall.
4. If a participant fails to complete their 1,000 m leg, their swim does not count towards the total 100 legs.
5. The attempt is continuous, there must be one person swimming at all times while the clock is running.
6. The clock stops when the 100th person finishes their 1,000m leg and touches the wall.
7. All participants must sign a log book stating that they have taken part and their split time must be noted beside their name.

Rules for 'general' records

Please make sure ALL these rules are followed:

- a. The attempt must take place in a public place or in a venue open to public inspection.
- b. The attempt must be overseen by two independent witnesses.

Please make sure you supply the following evidence:

- One

cover letter

explaining the context of the record attempt. Please indicate the date, time and exact location of the record attempt, your chosen witnesses and your record attempt measurement. Also please

provide full details of the person(s)/organisation attempting the record including details on the preparation for the attempt.

- Two

witness statements

confirming the exact details of the record and the results as well as explicitly confirming all of the rules have been adhered to.

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Photographic evidence

is compulsory evidence for all record attempts. Clear photographs of the item must be provided.

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Video evidence

is compulsory evidence for this record attempt. Please ensure the entire attempt is filmed, that the camera is focused on the attempt at all times and is static.

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Schedule 2

should be signed by you when you are sending in evidence which you either own or have permission to allow Guinness World Records to use.

- If you include any photographs or video in your evidence which you do not own or have permission to allow Guinness World Records to use, then you must include

Schedule 3

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Media articles

(newspaper, online, TV or radio) can be submitted as part of the evidence requirements. This is not compulsory evidence.

Please read the Guide to Your Evidence document, where you will find further information about the evidence requirements and evidence templates. It is paramount this document is read before you submit your evidence.

Evidence checklist

- Witness statement 1
- Witness statement 2
- Video evidence
- Schedule 2 (signed)
- Schedule 3 (signed)
- Media articles
- Cover Letter
- Photographic Evidence